## HEALTH, COUNSELING, AND WELLBEING

Bentley University supports the overall health and well-being of its students. The Centers for Health and Community Wellbeing and Health Promotion (https://www.bentley.edu/university-life/student-health/) provide health and wellness services, and the Counseling Center provides mental health services. The Centers for Health, Counseling, and Wellbeing work collaboratively to prepare students to thrive while at Bentley and throughout their lives.

## **Health Center**

Confidential health care is available to all full-time Bentley students through the Health Center, with the cost primarily covered by tuition. The Health Center (https://www.bentley.edu/university-life/student-health/health-center/) provides a wide variety of services to all Bentley students.

University Police may be called in the event of an emergency at 781-891-3131; they will provide emergency response and transportation or call an ambulance if necessary. University Police is available 24 hours per day, seven days per week, at 781-891-2201 (for emergencies: 781-891-3131).

The Community Wellbeing and Health Promotion (https:// www.bentley.edu/university-life/student-health/wellnessprevention/) staff provides programs, confidential services, and skillbuilding on common health topics and experiences that can get in the way of student success.

All full-time students must submit a medical history form and immunization record to Bentley.

## **Counseling Center**

The Counseling Center (https://www.bentley.edu/university-life/studenthealth/counseling-center/) is staffed by psychologists and doctoral interns who can meet with students experiencing a range of adjustment, stress, and mental health-related issues.

## **Bentley Care Team**

At Bentley, we recognize the diverse challenges our students may encounter during their academic journey. The goal of the Care Team (https://www.bentley.edu/offices/student-affairs/bentley-cares/) is to connect students with essential resources and services to effectively navigate personal difficulties. We are a small multidisciplinary group of professional staff members on campus who collaborates across the university to support students.

If you have a non-urgent concern for a Bentley student, we encourage a private, empathetic conversation as a first step. You can enhance this support by referring the student to campus resources or submitting a Care referral. Submissions are reviewed during university business hours typically within 1-2 business days. For emergencies, contact University Police at 781-891-3131 (on-campus) or dial 911 (off-campus). The Care Team plays a secondary role to all urgent circumstances and should be contacted only after initial emergency notifications are made.

If you are unsure whether to submit a Care referral, please review the rest of the information on this website. During business hours, you may also contact the Associate Director of Support Services at 781-216-7115 or the Office of Student Development, Conduct & Care at 781-891-2161.

The office is accredited by the International Association of Counseling Services and abides by the ethical standards of the American Psychological Association.